

# ALL INDIA PHYSIOTHERAPY SEMINAR ON **ANTI DOPING**

Organised by : INTERNATIONAL HEALTH AND FITNESS ASSOCIATION (Delhi & NCR)

In Association with

**National Anti Doping Agency – NADA**, New Delhi India

(under the aegis of Ministry of Youth Affairs and Sports, Government of India)

**Co-Organiser**

Delhi Pharmaceutical Sciences  
& Research University



**Organised by**

IHFA-International Health and  
Fitness Association



**Supported by**

National Anti Doping Agency,  
New Delhi INDIA



Dear Friends,

International Health and Fitness Association welcomes to all **Physiotherapy Students and Professionals** at '**ALL INDIA PHYSIOTHERAPY SEMINAR ON ANTI DOPING**' going on 25<sup>th</sup> Feb 2019 at Conference Hall Delhi Pharmaceutical Sciences and Research University, Mahrauli, Badarpur border, New Delhi.

Agenda of the event:

- To be knowledge of and comply with all anti-doping policies and rules adopted pursuant to NADA and which are applicable to them or athletes whom they support.
- To cooperate with the athlete testing program and awareness.
- To encourage athletes to uphold anti-doping values and anti-doping attitudes and to support compliance with anti-doping rules

## MESSAGE FROM Director General, NADA



*Doping in sports is strictly prohibited by National Anti Doping Agency. Keeping in view the serious health hazards of consuming drugs for non-therapeutic purposes, NADA has taken initiatives to check the menace and also to make the sports fraternity aware of the issues.*

*The physiotherapists play a key role in ensuring early recovery of the sportspersons who suffer sports related injuries on ground. It is important that physiotherapists are aware of methods which are permitted for recovery of sportspersons and advise them accordingly so that no incidence of doping occurs.*

*I congratulate the IHFA, the organisers of the anti doping seminar for physiotherapists, and wish fruitful deliberations during the seminar.*



**National Anti Doping Agency**

Ministry of Youth Affairs & Sports, Government of India



Shri. Navin Agarwal, DG NADA

<i>Event Title</i>	<b>All India Physiotherapy Seminar on Anti Doping</b>
<i>Organised by</i>	<i>IHFA – International Health and Fitness Association</i>
<i>Co-Organiser</i>	<i>Delhi Pharmaceutical Science &amp; Research University</i>
<i>Supported by</i>	<i>National Anti Doping Agency (NADA) – under the aegis of the Ministry of Youth Affairs and Sports, Government of India</i>
<i>Venue</i>	<i>Delhi Pharmaceutical Sciences &amp; Research University, Mehrauli - Badarpur Rd, Sector 3, Pushp Vihar, New Delhi, Delhi 110017</i>
<i>Eligibility</i>	<i>Physiotherapy Students and Professionals</i>
<i>Date and Time</i>	<b>25<sup>th</sup> Feb 2019</b> (Monday) , Time 9:30 to 2:00 PM
<i>Contact Person</i>	<i>Dr.Vipin Kumar (PT) Dr.Sumit Saxena(PT) Dr.Varsha Chorsiya PT &amp; All Board Members</i>
<i>Seminar Registration Fee – per participant</i>	<i>Rs. 500/- (accept by NEFT /NetBanking)on below given account only</i>
<i>Last Date of the Registration</i>	<i>20<sup>th</sup> Feb 2019</i>
<i>Registration desk</i>	<i>Account Name: <b>INTERNATIONAL HEALTH AND FITNESS ASSOCIATION</b> PAN – AAECI5276P Bank: <b>Bank of India</b> Account Type: Current Account No: 716220110000046 Branch Name: Najibabad, District Bijnor, State: Uttar Pradesh, Branch Code: 007162 IFSC Code: BKID0007162</i>
<i>Certificate</i>	<i>participation certificate to all participants</i>
<i>website</i>	<a href="https://www.ihfitness.com">https://www.ihfitness.com</a>
<i>email</i>	<a href="mailto:info@ihfitness.com">info@ihfitness.com</a>
<i>Contact Number (s)</i>	<i>08881388817</i>

## **Board Member of the Organizing Committee:**

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<b>Dr.Sumit Saxena</b> <i>Senior Physiotherapist Ram Manohar Lohia Hospital, New Delhi</i>	<b>Dr.Varsha Chorsiya PT</b> <i>MPT (Neurology), Ph.D Associate Professor DPSRU, New Delhi</i>	<b>Dr.Rajiv Kumar Tonk</b> <i>Associate Prof &amp; Head School of Physiotherapy DPSRU</i>
<b>Dr.Deepak Raghav</b> <i>Principal, Santosh College of Physiotherapy, GZBD</i>	<b>Dr.Nidhi Kalra</b> <i>Asst. Prof BCIP, New Delhi</i>	<b>Dr.Vipin Kumar PT</b> <i>CEO, IHFA</i>
<b>Dr.Saru Bansal</b> <i>Asst. Prof.Dept. of Physiotherapy Kailash Institute</i>	<b>Dr.Senthil P Kumar</b> <i>Prof.HOD, Physiotherapy Noida International University</i>	<b>Dr.Ankit Jain</b> <i>Amity University, Noida</i>
<b>Dr.Richa Mahajan</b> <i>Asst.Prof G.D Goenka University, Sohna road, Gurgaon</i>	<b>Dr.Neeraj Kumar</b> <i>Asso. Prof. School of Medical &amp; Allied Sciences, Sanskriti University, Mathura</i>	<b>Dr.Dharam Panday</b> <i>BLK Hospital, New Delhi</i>

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**Registration Form available on**

**<https://www.ihfafitness.com>**

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