

Registration Fee

Outstation Participants	Rs. 2000/-
Outstation Students/Scholars	Rs. 1500/-
LNIFE Scholars/Students	Rs. 750/-

Remittance of Fee Details :-

Payment details:

Draft: D.D. to be made in favor of
"Registrar LNIFE, Gwalior"
Payable at Gwalior (M.P.)

Online Payment:

Account Holder : LNIFE Gwalior
Account No. : 10025857768
Bank Details : SBI, Mela Road, Gwalior
IFSC Code : SBIN0002875

Note : Registration fee includes certificate, conference material Lodging and boarding for outstation participants will be provided from **24/02/2019 (Dinner)** to **25/02/2019 (Dinner)** only.

Location

The Lakshmibai National Institute of Physical Education (LNIFE) campus is known as Shaktinagar and located on Mela Road at a distance of about 1km from Gwalior Railway Station & Bus Stop. Gwalior is situated on the Agra-Mumbai National Highway and is on the main north-south rail route, about 320 kms from New Delhi.

Address for Communication

DEPARTMENT OF EXERCISE PHYSIOLOGY,
Lakshmibai National Institute of Physical Education,
Shakti Nagar, Mela Road, Gwalior - 474 002 (M.P.)

E-mail : exercisephysiology2011@gmail.com

CONTACT NUMBERS

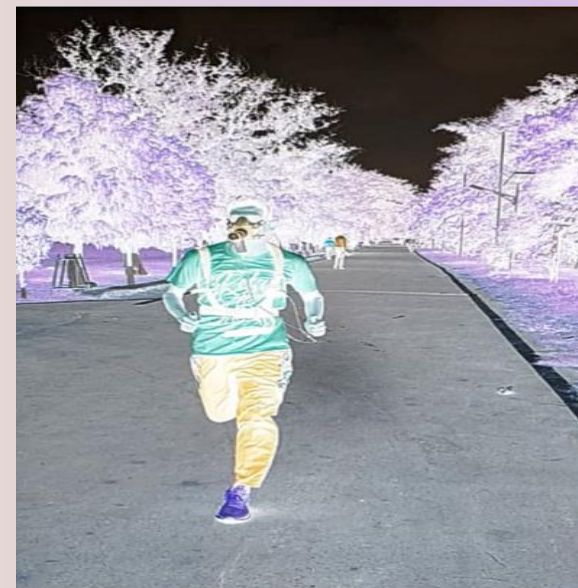
Office : 0751-4000968
Jt. Org. Secretary : 9301888411, 9826238820



Note : For all further details please visit www.lnife.gov.in

NATIONAL CONFERENCE ON PHYSICAL EDUCATION & SPORTS SCIENCES

25th & 26th February, 2019



Organized by :

DEPARTMENT OF EXERCISE PHYSIOLOGY
Lakshmibai National Institute of Physical Education

(A++ NAAC Accredited, UGC "A" Grade Deemed to be University)
Ministry of Youth Affairs & Sports, Government of India)
Gwalior - 474 002 (M.P.)

About the Institute

The **Lakshmibai National Institute of Physical Education, Gwalior** was established by the **Ministry of Youth Affairs & Sports, Government of India** on 17th August, 1957 the centenary year of the War of Independence and located at Gwalior, where **Rani Lakshmibai of Jhansi**, a valiant heroine of the war had laid down her life during the first freedom struggle in 1857.

The institute is the first **“Deemed to be University”** in the field of physical education in India and enjoys a unique place of its kind in south Asia. The institute has been accredited with **A++ Grade by NAAC** with **3.79** CGPA score. Further the institute is awarded with excellence award in the field of Physical Education during the national education summit 2017. Also, LNIPE has recently been placed in UGC “A” grade institute list which entitles the institute to further expand its academic prowess in the field of physical education and sports.

Currently, LNIPE runs various degree courses like undergraduate (B.P.Ed.), Postgraduate (M.P.Ed. & M.A.), Diploma courses and Doctor of Philosophy (Ph.D.) at LNIPE, Gwalior and LNIPE NERC Guwahati.

About the Department of Exercise Physiology

The Department of Exercise Physiology has been catering to the specialized needs of sport persons and the general population looking for fitness, wellness and the highest level of sports performance from the Physiology and Physiology of Exercise perspective. Its major thrust is on producing post graduates with specialization in Exercise Physiology. The aim of the department is to prepare qualified professionals of different levels in order to promote health and quality of life through the use of appropriate physical activity and lifestyle behaviors. The department has started supporting research work in the field of Sports and Physical Education using the latest equipment and gadgets, thus adding a new dimension to the field of Sports Sciences.

At present the department offers Master of Physical Education (M.P.Ed.) – a four-semester Post Graduate programme with specialization in Exercise Physiology.

Theme of the Conference

The Conference is themed **“CHALLENGES AND INNOVATIVE APPROACHES IN PHYSICAL EDUCATION AND SPORTS SCIENCES”**

The National Conference on Physical Education & Sports Sciences offers graduate & post graduate students, research scholars and faculty members under the tutelage of experts of sports sciences, an opportunity for gaining knowledge, collection of data, clinical assessment and research in sports sciences.

Original papers from Academicians, Researchers and Scholars are invited in NCPCESS-2019 on the following topics for oral presentation during the conference:

Sub-themes of the Conference

1. Physiological aspect of Exercise
2. Health & Wellness
3. Sports & Women
4. Performance Analysis Approaches in the field of Physical Education and Sports Sciences
5. Role of Sports Science in enhancing sports performance.
6. Adapted Physical Education
7. Aging and Exercise
8. Nutritional aspect of Sports
9. Technological Development & Sports
10. Biomechanical aspect of Sports
11. Psychological aspect of Sports
12. Sports Management
13. Sport & Fitness Marketing
14. Yoga
15. Legal aspect of Sports

Organizing Committee

Patron

Vice Chancellor



Organizing Secretary

Prof. Vivek Pandey



Jt. Organizing Secretaries

Dr. Birendra Jhajharia

Dr. Deepak Sharma



Members

Dr. Gayatri Pandey

Mr. Padmakar

Guidelines for Abstract/Paper Submission

1. Abstract must be written in English and saved as a Microsoft Word format.
2. Abstract should be a maximum of 250 words.
3. The title should be in capital.
4. The paper and Abstract should be in Times New Roman in A4 format (font size 10) leaving 1.5 cm on the top and bottom & 2.0 cm as left and right margins, the title (font size 12) should be bold and capital followed by Author's name(s) and affiliation in italics (font size 11).
5. The abstract and paper should have: objectives design and method, results and conclusion in sequence.
6. The abstract must be submitted up to January 31, 2019
7. The last date for receiving full paper is February 23, 2019.
8. The soft copy (MS-Word file) of the abstract as well as paper shall be submitted by the stipulated date via email to exercisephysiology2011@gmail.com

Who can Attend the Conference ?

The target group of the event involve specialists from different fields, such as:

- Physical Education Professionals.
- Sport Therapists and Sports Medicine Experts.
- Physiotherapists and Medical Professionals.
- Coaches or any other Specialists related to the Sport Domain.
- Athletes and Sport Scientists.
- Fitness Experts/Enthusiasts.
- Academic Researchers.
- Research Scholars and PG Students